

# 2018



## BREA

### Health Fair & Flu Clinic



500 S. Sievers Avenue  
714-990-7750  
BreaSeniorCenter.com

# Friday, October 12

## 9 am - 12:30 pm

Start smart and stay healthy! Get the latest information about key health practices, innovative products and helpful services. Participate in free screenings and enjoy prize drawings too! Plus, free flu shots will be available for adults 60+ with a Medicare Part B card\* and a free year's supply of Omega-3 supplements will be given to senior attendees.

\*At a small fee for others, while supplies last, first-come, first-served.



### FREE Health Screenings

Stroke Screening  
Cholesterol  
Glucose  
Vision  
Skin Cancer  
Lung Function  
Spinal  
Hearing  
Balance  
Body Mass

### FREE Information and Services

Fitness programs  
Volunteer opportunities  
Physical therapy  
In-home support  
Health plan providers  
Financial advisors  
Senior housing  
Travel excursions

